

Karen S. Bonnell, MS

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EDUCATION: M.S., 1980 The University of Michigan, Rackman Graduate School, Psychiatric Nursing.

B.S., 1977 The University of Michigan, School of Nursing, Nursing.

SPECIAL TRAINING: A World-Class View of Dispute Resolution. The 27th Annual Professionals Skills Program, Pepperdine University School of Law, Malibu, California, June 2014.

Buddhism & Psychology. Featuring Dan Siegel, Ron Siegel, and Jack Kornfield, FACES, Boulder, CO, July 28 – 31, 2010.

Advanced Skills for Divorce Coaches. Peggy Thompson, PhD, November 12, 2009.

Introductory Three Day Interdisciplinary Team Training (in Collaborative Divorce). Collaborative Divorce Team Trainings, LLC. Gig Harbor, Washington, November 16-18, 2006.

Divorce Mediation. 40 hour training with attorneys and mental health professionals. Northwestern University, School of Continuing Studies, Chicago, IL. June 19-23, 2006.

Pathways to Peace: Becoming an Instrument of Nonviolence. Teaching Certification Program, PAR 190, Ari Cowan, Edvita Institute, Seabeck, Washington, October 14-16, 2005.

Compassionate Listening Leadership Training. Year-long facilitator training, The Compassionate Listening Project, Indianola Washington, 2002 - 2003.

Advanced Facilitator Training. "Sitting in the Fire," Process Work Institute: Arnie and Amy Mindell, Yachats, Oregon, September 8-12, 2002.

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PROFESSIONAL EXPERIENCE:

Coaching/Mediation Services

Karen S. Bonnell: The next generation of COACH | MEDIATE | CONSULT launched May 2022. Offering parents “One-Time Consults” including education, resources and referrals, providing professionals mentoring & training, and sharing her writing through books and blogs.

COACH | MEDIATE | CONSULT, Collaborative Practice, Divorce / Co-Parent / Stepparent Coaching and Mediation Services, (July 2006 – April 2022)

Psychotherapist in Private Practice, Karen Bonnell, ARNP, MS, (1980-March 2014)*

*Karen retired her RN and ARNP licenses as of February 2021. She no longer provides any clinical mental health services.

Faculty Positions / Teaching Experience

- SEATTLE PACIFIC UNIVERSITY (Winter, Spring Term 1984)
- EASTERN MICHIGAN UNIVERSITY (Spring Term 1981)
- THE UNIVERSITY OF MICHIGAN (Winter Terms 1980, 1981)
- SCHOOLCRAFT COLLEGE (Spring Terms 1979, 1980)
(all single term contracts)

TRAININGS PROVIDED:

Please see the “Mentoring & Training” page of the website for Karen’s signature “day-long” trainings which have been offered annually since 2017 through CMC Training both in-person and via ZOOM platform.

“Complex Parenting Plan Solutions: Transitioning Families with Complex Issues.” Collaborative Professionals of East Bay, ZOOM training, October 8, 2021 | 9am - 3pm.

“Parenting Time Schedule Solutions: Key Considerations for Residential Care when a Family Transitions from One Home into Two.” Whatcom Collaborative Law Professionals, ZOOM training, October 16, 2020, | 9am - 4pm.

“Complex Parenting Plan Strategies: Separating/Divorcing Families with Complex Health & Safety Issues.” British Columbia Roster Society, Vancouver, BC, February 24, 2020 | 9am - 4pm.

“Exceptional Communication.” Day-long PFI co-presented with Anne Lucas, MA, LMHC. International Academy of Collaborative Professionals 20th Annual Forum, Chicago, IL, October 25, 2019.

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"Restructuring Families without War: A Radical Approach to Parenting Planning." Co-presented with Elise Buie, JD, AFCC 13th Symposium on Child Custody, Denver, CO, November 9, 2018.

"When the Family Meets the Law: Team Approach to Family - Centered Parenting Plans." Day-long PFI co-presented with Elise Buie, JD. International Academy of Collaborative Professionals 19th Annual Forum, Seattle, WA, October 26, 2018.

"Parents Become Co-Parents Become Stepparents: Critical Issues in Family Restructuring." British Columbia Roster Society, Vancouver, BC, October 18, 2019 | 9am - 4pm.

"Where Family Matters Meet Legal Matters: Healthy Family Restructuring Begins with Family-Centered Parenting Plans." Cincinnati Academy of Collaborative Professionals Full-Day Advanced Training, Cincinnati, OH, September 28, 2018, | 9am - 5pm

"Residential Schedules in a Collaborative World: Primary, Shared, Equal?" Presented with Justin Sedell, JD. International Academy of Collaborative Professionals 17th Annual Forum, Las Vegas, NV, October 30, 2016.

"Resolving and Evolving: Helping Families with an Effective Professional Team." AFCC 53rd Annual Conference, Seattle, WA, June 4, 2016.

"Co-Parent Coaching: The Next Page in the Collaborative Playbook." International Academy of Collaborative Professionals 16th Annual Forum, Washington, DC, October 17, 2015.

"Building an Effective Divorce Professional Team." Co-presented with Justin Sedell, JD and Kristin Little, LMHC, The American Bar Association's 17th Annual Spring Solutions in Seattle Conference, Seattle, Washington, April 17, 2015. Presented also at the Fourth Annual Complex and High Asset Divorce, Seattle, Washington, September 23, 2015.

"Scaffolding Complex Collaborative Cases: Tools for Tackling Tough Issues." Co-presented with Justin Sedell, JD, International Academy of Collaborative Professionals 15th Annual Forum, 3 CLE's, Vancouver, BC, Canada, October 25, 2014

"Utilizing the Child Specialist and Divorce Coach in Mediation." Co-presented with Kristin Little, LMHC, Academy of Professional Family Mediators 2014 Conference, San Diego, California, October 18, 2014.

"The Impact of the UCLA on the Future of Collaborative Practice." Co-presented with Mark Weiss, JD, Collaborative Professionals of Washington Annual Conference, 2 CLE's, Lynnwood, Washington, November 8, 2013.

"Scaffolding Complex Collaborative Cases." Co-presented with Justin Sedell, JD, Collaborative Professionals of Washington Annual Conference, 1.5 CLE, Lynnwood, Washington, November 9, 2013.

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"The Magic of Collaborative Coaching." Co-presented with Anne Lucas for the New Hampshire Collaborative Professionals, 12 contact hours, November 9, 10, 2012

"New Innovations in Collaborative Family Law." Co-presented with Felicia Malsby, JD at the Washington Branch of Association of Family and Conciliation Courts Annual Conference, 2 hours, Seattle, Washington, April 13, 2012.

"The Magic of Collaborative Coaching." Co-presented with Anne Lucas, MA, International Academy of Collaborative Professionals, 1.5 CLE's, San Francisco, California, October 29, 2011.

"Awakening Your New Mind -- The Five Lobes of the Brain." Co-Presented with Debra Synovec, JD, CPA, 18th Annual NW Dispute Resolution Conference, Seattle, Washington, April 25, 2011.

PUBLICATIONS:

The Stepfamily Handbook: From Dating, to Getting Serious, to Creating a 'Blended' Family. With Patricia Papernow, EdD, CMC Publishing. 2018.

The Parenting Plan Workbook: A Comprehensive Guide to Building a Strong, Child-Centered Parenting Plan. With Felicia Malsby Soleil, JD. Sasquatch Books: Seattle, WA. 2017

The Co-Parenting Handbook: Raising Well-Adjusted and Resilient Kids from Little Ones to Young Adults through Divorce or Separation (Second edition). With Kristin Little, LMHC. Sasquatch Books: Seattle, WA. 2017.

"Co-Parent Coaching: The Next Page in the Collaborative Playbook." featured in [The Collaborative Review](#): The International Academy of Collaborative Professionals, Fall 2015 / Volume 15, Issue 2.

The Co-Parents' Handbook: Raising Well-Adjusted, Resilient and Resourceful Kids in a Two-Home Family from Little Ones to Young Adults. With Kristin Little, LMHC, CMC Publishing: June 2014.