

Complex Parenting Plan Solutions

Transitioning Families with Complex Health & Safety Issues

Facilitated by Karen S. Bonnell, MS

Consultant · Writer · Mentor

Guiding Parents to Divorce Well, Co-Parent Strong, and Step-Wise

We have a unique opportunity to create parenting plans that provide safety, maintain relationships, and support health restoration. Intergenerational trauma, addictions, incarceration, and mental health challenges are a few of the unique circumstances impacting adults in restructuring families. Children with special needs (such as autism, complex medical issues, and behavioral/emotional challenges) require special skill in both parenting-time management and co-parenting decision-making. Join us for a day of exploring how family law intertwines with family health for strategies that provide scaffolding under a family with complex circumstances.

We will use over 10 case examples to demonstrate possible ways to support complex families. Bring your creativity, systems thinking, and team approaches for family-centered solutions.

This training includes a 40-page comprehensive syllabus and an additional PDF of articles/resources.

Let's take a look at a proposed day-long schedule. Tailor these topic areas to your group's needs and interests.

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Morning

- 9:00 - 9:15** **Embracing the Concept of “Do No Harm”**
- 9:15 - 9:45** **A Systemic Approach to Families in Crisis**
- 9:45 - 10:15** **Intergenerational Trauma and ACE’s
(Adverse Childhood Experiences)**
- 10:15 - 10:30** **Family Law as an Important Spoke
on the Wheel of Family/Community Health**
- 10:30 - 10:45** Break
- 10:45 - 12:00** **Family Violence: Safety, Education,
Treatment and Restorative Practices**

Afternoon

- 12:00 - 12:30** Lunch break
- 12:30 - 1:00** Working Lunch from 12:30 to 1:00
**How Family Law Professionals Get Used in Family Dysfunction:
“The Drama Triangle” and Empathy Traps.**
- 1:00 - 1:45** **Addictions: Safety, Sobriety Plans, Treatment,
and Verification Options**
- 1:45 - 2:30** **Mental Health Challenges and Impoverished Parenting Skills**
- 2:30 - 2:45** Break
- 2:45 - 3:45** **“What the Child Needs” – Anticipating Parenting
Time and Joint Decision-Making Challenges
when a Child has Complex Needs**
- 3:45 - 4:00** **Compliance and Keeping Families Engaged: A Family-Systems
Team Approach**
- 4:00 PM** Course concludes